



ASK DR. DEBBIE...

By Debra A. Hill, MD

ASKING A FEW QUESTIONS OF NON-DIVING SPOUSES...

Dear Spouses of Divers,

At our last Dive Club Board Meeting it was suggested that I write an article about the **Non-Diving Spouses** of our Divers. I was quite intrigued with this idea and want to do some research before I put together an article for you all. So this month I am requesting that **Non-Diving Spouses of Divers**, assist me by emailing me some of your comments to the following questions and then I'll write about this topic next month:

- 1) Did your spouse scuba dive before you met, or did they take up scuba diving after you met?
- 2) Why do you choose not to learn to scuba dive?
- 3) Do you snorkel—and if so what do you like about it, and if not, why not?
- 4) What would cause you to consider learning to scuba dive?
- 5) How do you feel about your spouse scuba diving?
- 6) What do you like about your spouse's hobby of scuba diving—and what don't you like?

- 7) Are you fearful that something dangerous could happen to your spouse when they scuba dive?
- 8) What can your spouse do to assist you in enjoying their scuba diving hobby?
- 9) Do you wish that your spouse didn't scuba dive, and if so, why?
- 10) Does your spouse say or do things with respect to their scuba hobby that cause you to be turned off by it, and if so, what are those things?

I'd also like to arrange a time to meet with all of you Non-Diving Spouses, sometime towards the end of August to have a chance to share about your experience. I'll suggest a date, once I begin to hear from you all.

Please note: whatever information any of you decide to share is confidential- email to me (it's on the website list of board members) and I will remove your ID when I write the article.

I look forward to hearing from all of you...

Yours Truly,

Debbie Hill Titus, MD